

Dear Families,

At Woodside, we believe recess is an important part of the school day! It gives students a chance to move, play, socialize, and recharge. To make recess safe and fun for everyone, we have some rules and expectations we'd like to share with you.

Please review these rules with your child and help reinforce the importance of safe and respectful play.

Woodside Way Recess Expectations

Be Safe	• Keep hands and feet to yourself • Use equipment as intended • Be aware of others
Be Respectful	• Use kind words • Listen to teachers • Be a good sport • Include everyone
Be Responsible	• Clean up equipment • Stay in the boundaries • Walk in quickly when the bell rings • Follow game rules

Kids may occasionally have disagreements or problems with peers. Here are some things taught at Woodside to help students resolve conflicts.

Big Deal/Little Deal

Little Deal (kid sized) problems: Students are taught to handle these on their own.

- When someone is doing something that bothers or hurts your feelings
- Strategies: Walk away, ignore, tell the person what they are doing is bothering you or hurting your feelings

Big Deal problems: Students are taught to report these to an adult immediately.

- Something dangerous or scary is happening or someone is hurt.
- OR if someone continues to bother or hurt your feelings even after you have tried strategies several times.
- Students are taught to report to an adult.

[Here](#) is a link to the book read to our younger students to learn about big deals/little deals.

We use the Second Step Curriculum to teach a specific conflict resolution strategy called the STEP method.

STEP

- Say the problem
- Think of solutions
- Explore the outcomes
- Pick the best solution

Below are links to information regarding this method and how you can support it at home:

[Kindergarten](#)

[1st Grade](#)

[2nd Grade](#)

[3rd Grade](#)

[4th Grade](#)

Thank you for supporting a safe, respectful, and fun recess experience!